

School Health Advisory Council (SHAC)
Meeting Minutes

12/4/2023
Virtual

In attendance: Kelsie Bednarz, Kelly Clark, Joanne Cordova, Wendy Duemmler, Lashenna Gaines, Denise Lamar, Amy McAteer Jones, Dan McCloskey, Christine Neal, Wendy Nielsen, Dylan Stamey, Stephanie Starr, Susannah Stone-Gill, Maegan Trull, Charlee Williams

- Approval of Minutes from meeting 9/19/2023. Motion Stephanie Starr, Second Wendy Duemmler. Approved

Updates Goal 1 Community Collaborative regarding Drug/Tobacco Vaping and Substance Use Disorder

- Per Stephanie Starr she believes the public comment period for the state standards around Alcohol, Nicotine, Cannabis, and Other Substances closed recently. I believe the goal is for the standards to be approved soon and implemented for the FY 24-25 year.
- At this time, Luka Kinard will only commit to come one day to speak. That is not what our committee would like to see. We would like him to come at least a few times so that he can go to more schools. I reached out to his mother and have not heard back yet. Carleen Crawford, Regional 4 Tobacco Prevention Coordinator, is looking for other potential speakers.
- Stephanie Starr is on a subcommittee with Christina, Michelle Lancaster, Kasha, Wendy, and Jarrod. We are looking at doing a collaborative pilot program with UCPS, Behavioral Health Collaborative, and Sherriff's office in Sun Valley and Porter Ridge Cluster, using Opioid Settlement Funds, that will address substance use and tobacco use issues. More to come.
- Per Kasha, With Lisa Callaham retiring there has been some movement on the UCPS side coordinating a service agreement with a Licensed Clinical Drug Specialist (Rachel Patton) to continue vape and drug education in the schools. The program being utilized is, My Healthy Futures. A referred student will complete the education online and their parent will attend an education session along with the student. 200 student names have been added to the drug education referral list since October. The plan is for the program to start in January.
- Kasha will be putting together other parent education programs that will be broadcast by our communications team through Facebook/You tube Live. There was poor attendance by parents for these in person programs last year. The hope is that Facebook live format draws more parents.

Updates Goal 2- Establish and strengthen mental health support for UCPS student population. Goals to increase Mental Health Therapists, Social Workers, and expand teletherapy, and crisis response team efforts.

- Teletherapy is being used in the middle and high school through the collaborative. They were able to bring a Spanish speaking therapist onboard. The high schools have become self-supporting for teletherapy and we are working towards the middle schools being self-supporting for the start of 2024 school year. Carolina Parenting is doing play therapy at three of our elementary schools.

Wendy Nielsen. Spoke about anticipating the end of ESSR funding. We are asking to retain the nurses we have. If we do not secure funding for the 10 additional positions we will go back to sharing nurses at some schools. We are starting to get push back regarding helping out the Health Room when the nurse is not in the building. We are finding it challenging to fill our open position.

Next meeting 3/12/2024 via zoom

